Sarah VanderMolen

“Bulldog In The Big Leagues”


One of 12 Force players, VanderMolen was the only member of the 2002 team with non-NCAA Division I collegiate experience and among three non-Division I players in the inaugural league (48 total athletes).

VanderMolen, who was acquired through the National Athlete Tryout Phase of the USPV Draft, compiled 86 digs in 41 games (2.1 dpg) at the Force’s libero position during the 2002 campaign.

A two-time American Volleyball Coaches Association (AVCA) Division II All-Great Lakes Region selection (1999 & 2000), the 23-year old VanderMolen became only the fifth Bulldog player to compile both 1,000 career kills and digs during her four-year career at Ferris State. The 5-10 outside hitter compiled 1,245 kills and 1,054 digs while twice (1999 & 2000) attaining both first-team All-Great Lakes Intercollegiate Athletic Conference (GLIAC) honors and FSU Most Valuable Player accolades. A Charlotte, Mich., native, VanderMolen led the Bulldogs to a 21-9 overall mark and an 11-7 conference record as a senior during the fall 2000 season.

Three In The Hall

“Folske Joins FSU Hall Of Fame”

Former Ferris State head coach Monica Folske (1974-83) will become the third member of the FSU volleyball program to be enshrined into the Bulldog Athletics Hall of Fame this fall, joining former players Sharon (Sanders) Bade (1981-84) and Patty (Thies) Feldpausch (1984-87).

Folske, who wore numerous hats for Ferris athletics, also coached basketball, softball and tennis. As the volleyball mentor, Folske won 47 matches and claimed two conference runner-up finishes during her five seasons (1975-79) at the helm. Feldpausch was a three-time volleyball All-American, earning first-team national honors in 1986 and 1987. The four-year letter winner still ranks as the Bulldogs’ all-time leader in kills (2,134), attack percentage (.312) and total blocks (817). She also holds single-season records for most kills (1,970 - 1987), attack percentage (.352 - 1985), solo blocks (138 - 1985) and block assists (182 - 1987).

The first of 10 FSU volleyball All-Americans, Bade earned second-team recognition after leading the Bulldogs to the NCAA Division II Tournament and a 48-3 finish in 1984. FSU won three straight conference titles and 33-consecutive GLIAC matches with Bade at the controls.

She finished her career as the school leader in assists with 4,954 and remains second on the all-time chart. In her four years, FSU compiled a 150-45 record and finished as the nation’s eighth best team three consecutive seasons.